ABSTRACT OF THE DISCLOSURE

A photography system includes a digital camera and a remote control. The remote control emits a light that the photographer can use to designate a subject to be photographed by pointing the remote control at the subject, casting a light spot on the subject. In a preferred embodiment, the light is generated by a laser pointer included in the remote control. The camera selects a region to photograph from its field of view, based on the location or motion of the light spot. The camera may optionally select a region that is centered on the light spot. The photographer may optionally specify the size of the region to be selected. The camera may optionally adjust the size of the selected region to assist in photographic composition. The camera may optionally be capable of making video recordings.